



Michael S. Hwahng, D.D.S.

Quality, Compassionate Care.

EXTRACTION INSTRUCTIONS

1. Bite steadily on a gauze pad 1 hour after extraction or until the socket stops bleeding. This is to stop the bleeding and promote a blood clot to form. It is necessary to change gauze pads and repeat this process several times until bleeding has stopped.
2. After surgery, do not disturb the surgical area by rinsing or spitting for 24 hours. This could disturb the blood clot and cause bleeding to occur. Apply an ice bad to the outside of the face intermittently to help reduce surgical swelling.
3. If the socket bleeds during the night or the following day, bite again on a gauze pad for 1 hour. If this doesn't work, rinse the mouth one time with warm salted water, wipe all clots from the mouth and place a moistened tea bag over the bleeding area. Place a gauze pad over the tea bag and apply biting pressure for 30 minutes. If bleeding persists, call us as soon as you can.
4. For pain, take the pain medication that we prescribed to you as indicated. DO NOT place aspirin or other tablets on or along the side of the socket.
5. On the day following, the mouth may be gently rinsed with warm salted water (1/2 teaspoon salt in an 8 oz glass of warm water) and you can repeat it every hour. You can also use mouthwash. Swelling is a normal reaction to surgical extraction and is to be expected so do not become alarmed.
6. No alcohol, beverages or tobacco products should be used for 2 days following extraction. No drinking through a straw or spitting until proper healing has occurred. Avoid running, sports and excessive activity for several days.
7. Some pain and tenderness is to be expected. Should you develop high fever, excessive pain or swelling, call Dr. Hwahng immediately for instructions.